



Going The Distance 2013 5K Race Results

Female

Overall Female Winner
Michelle Hauck - 22:15

14 & under

1 – Isabelle Luu 22:29
2 – Madeline Ruzicka 24:45
3 – Jennika Beach 25:54

15-19

1 – Maddie Kampen- 27:11
2- McKenna Myott 27:12
3 – Emma Bennett – 31:55

20-29

1 –Michelle Hauck - 22:15
2 – Michelle Coleman – 24:08
3- Amanda Quasdorf – 30:45

30-39

1 – Tara Guenero – 22:31
2 – Tonya Caquelin 24:57
3 –Missy Springsteen Haupf - 25:41

40-49

1- Tracey Spear – 22:52
2 – Lori Curran – 24:14
3 – Tonya Heier – 24:21

50-59

1- Lisa Rasmussen - 25:58
2 – Ann Hegstrom – 26:55
3- Wendy Lensing – 29:05

60-69

1 – Joan Malo – 30:30
2 – Jane Colvet 42:43
3 – Judy Olson

Male

Overall Male Winner
Jerry Beenken – 20:32

14 & Under

1- Quinton Orr – 21:24
2 –Trever Beach – 24:00
3- Cameron Beach – 25:54

15-19

1 – Collin Flick – 25:46
2 – Mason Wickett – 27:10
3 –

20-29

1 –
2-
3-

30-39

1 – Chris Borman – 23:12
2- Mike Agnew – 24:04
3- Steve Malo – 25:32

40-49

1- Jerry Beenken – 20:32
2- Tim Borman – 24:13
3- Roger Bennett- 24:44

50-59

1- Mike Russell – 22:12
2- Larry Beenken – 24:09
3- Jeff Erie – 25:05

60-69

1 –
2-
3-